

# Bethany Lutheran School Hot Lunch Menu

## August 2009

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>**SACK LUNCH OPTION**</b> You may also order a sack lunch with PBJ sandwich on whole wheat bread, bag of chips, carrot sticks, & a piece of fruit. Write "SL" on that day and circle SL (not the hot lunch item). It is the same price as hot lunch.			<b>**Lunch choices and payment are due at registration time, on or before August 4, 2009**</b>
3	4 <b>REGISTRATION DAY</b> Menu & payment due	5	6	7
10	11	12	13	14
17 <b>Welcome Back Students!!</b> <b>First Day of School (half day)</b>  <b>Noon dismissal—no hot lunch</b>	18 <b>Oven Baked Chicken Nuggets w/ scoop of Macaroni &amp; Cheese</b> Baby carrots with ranch dip avail. Banana half  <b>Kjergaard / Swanson</b>	19 <b>Cheese Pizza</b> Zucchini slices Apples Oreo fluff  <b>Walton/Crouch</b>	20 <b>Beef Hot Dogs</b> Baked Potato Chips Cucumber slice Grapes  <b>VanBuskirk/ Ruble</b>	21 <b>Breakfast for Lunch</b> Pancakes with syrup Small slice of ham Orange Slices Go-gurt  <b>Crowe/ Cole</b>
24 <b>Ravioli &amp; Bread stick</b> Tossed salad Melon Brownie  <b>Kerr/Haeker</b>	25 <b>Soft Taco w/ meat &amp; cheese on tortilla—sour cream &amp; shredded lettuce available</b> Spanish Rice Tortilla chips & salsa Oranges  <b>Grunewald/Rauth</b>	26 <b>Chicken Strips</b> Oven baked potato wedges Fresh spinach salad Applesauce Chocolate covered Graham crackers  <b>Harrison/Purcell</b>	27 <b>Deli sliced turkey &amp; cheese sub</b> Potato chips (Mayo & mustard available) Celery sticks Small apple  <b>Schneider/Grimm</b>	28 <b>Hamburger</b> <b>Cheese, lettuce &amp; tomatoes available</b> Oven baked potato wedges Banana half Mystery Dessert???  <b>Kern/Munson</b>
31 <b>BBQ rib on a bun</b> Baked beans Orange slices Cookie  <b>Kerr/Haeker</b>		<b>WE NEED SERVERS!!!</b>  <b>If you can serve in August or September, please email Donna Beikmann at <a href="mailto:dbeikmann@kc.rr.com">dbeikmann@kc.rr.com</a></b>		<b>\$3.30 cost of lunch includes one drink (milk or apple juice).</b>

Select your child's lunch choices by circling the day's menu or *writing & circling SL* if you want a sack lunch that day. Add your total below.

**\*\*\*Choices & payment are due at registration on August 4\*\*\***

Check or cash must be enclosed (payable to Bethany Lutheran). Cost per lunch is \$3.30. \_\_\_\_\_ # of hot lunches + \_\_\_\_\_ # of sack lunches = \_\_\_\_\_ x 3.30 = \_\_\_\_\_ (Total amount enclosed).

**A copy of this menu, with your lunch choices circled will be copied and placed in your child's Friday folder for your future reference.**

**Each month, the hot lunch menus are also available on the school website at [www.bethanyschool.net](http://www.bethanyschool.net)**