

Bethany Lutheran School Hot Lunch Menu

November 2009

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">2</p> <p>Cheese Pizza Celery sticks with peanut butter or ranch) Apples Mystery Dessert???</p> <p>I. Schneider / N. Barnett</p>	<p style="text-align: right;">3</p> <p>Chili Frito Pie (bowl of chili w/ Fritos, topped w/ shredded cheddar cheese) Baby carrots with ranch dip Banana half</p> <p>R. DeGarmo / B. Kjergaard</p>	<p style="text-align: right;">4</p> <p>Birthday Lunch with Pastors Spaghetti w/ Marinara Sauce & separate meatballs / Wheat roll & butter Tossed Salad with dressing Grapes Mini-cupcakes</p> <p>G. Johnson / C. Walton</p>	<p style="text-align: right;">5</p> <p>Chicken Strips Au gratin potatoes Side of Spinach salad Applesauce</p> <p>K. Swanson / A. Grunewald</p>	<p style="text-align: right;">6</p> <p>Biscuits and Gravy Breakfast sausage links Oranges Gogurt</p> <p>K. Harrison / K. VanBuskirk</p>
<p style="text-align: right;">9</p> <p>Corn Dog Baked potato wedges Celery sticks w/ peanut butter or ranch Applesauce Cookie</p> <p>A. McKenna / J. Munson</p>	<p style="text-align: right;">10</p> <p>Soft Taco w/ meat & cheese on tortilla—sour cream, salsa & shredded lettuce available Tortilla Chips and fat-free refried beans Banana half</p> <p>A. Rauth / B. Kjergaard</p>	<p style="text-align: right;">11</p> <p>Deli roast beef sandwich (wheat bun) Baked potato chips Baby carrots Grapes Oreo fluff</p> <p>T. Crouch / L. Brumley</p>	<p style="text-align: right;">12</p> <p>Breakfast for Lunch Pancakes with syrup Small slice of ham Orange Slices Go-gurt</p> <p>B. Grimm / K. VanBuskirk</p>	<p style="text-align: right;">13</p> <p>Bean & Cheese Burrito Spanish Rice Banana half Fat free chocolate pudding</p> <p>K. Harrison / K. Kern</p>
<p style="text-align: right;">16</p> <p>4th Grade Field Trip Deli sliced turkey & cheese sub Potato chips (Mayo & mustard available) Cucumber slices Small apple Pumpkin bar</p> <p>M. Kerr / N. Haeker</p>	<p style="text-align: right;">17</p> <p>Oven Baked Chicken Nuggets Macaroni & Cheese Fresh spinach salad Applesauce</p> <p>K. Miller / R. DeGarmo</p>	<p style="text-align: right;">18</p> <p>Cheese Pizza Celery sticks with peanut butter or ranch Grapes Oreo Cookies</p> <p>K. Harrison / B. Purcell</p>	<p style="text-align: right;">19</p> <p>Vegetable Beef Soup (bowl) ½ ham & cheese sandwich on bun Baby carrots Apples</p> <p>L. Ruble / A. Grunewald</p>	<p style="text-align: right;">20</p> <p>Ravioli & Bread stick Tossed salad Oranges Brownie</p> <p>J. Cole / D. Roorda</p>
<p style="text-align: right;">23</p> <p>Chicken Patty on a bun Twice baked potatoes Applesauce Chocolate covered graham cookie</p> <p>M. Kerr / N. Haeker</p>	<p style="text-align: right;">24</p> <p>Beef Hot Dogs Baked Potato Chips Baby carrots with Ranch Orange slices</p> <p>D. Bolar / K. Swanson</p>	<p style="text-align: right;">25</p> <p style="text-align: center;">NO SCHOOL Thanksgiving Break Have fun with your family!</p>	<p style="text-align: right;">26</p> <p style="text-align: center;">NO SCHOOL God Bless your Thanksgiving!</p>	<p style="text-align: right;">27</p> <p style="text-align: center;">NO SCHOOL Thanksgiving Break</p>
<p style="text-align: right;">30</p> <p>Soft Taco w/ meat & cheese on tortilla—sour cream, salsa & shredded lettuce available Spanish Rice Grapes Cinnamon roll</p> <p>I. Schneider / A. McKenna</p>	<p>**Lunch choices and payment are due no later than Monday, October 19th**</p> <p style="text-align: center;">\$3.30 cost of lunch includes one drink (milk or apple juice).</p>		<p>**SACK LUNCH OPTION** You may also order a sack lunch with PBJ sandwich on whole wheat bread, bag of chips, carrot sticks, & a piece of fruit. Write "SL" on that day and circle SL (not the hot lunch item). It is the same price as hot lunch.</p>	<p style="text-align: center;">Thank you lunch servers! We are blessed to have you volunteer your time.</p>

Select your child's lunch choices by circling the day's menu or *writing & circling SL* if you want a sack lunch that day. Add your total below. *****DUE MONDAY, October 19*****

Check or cash must be enclosed (payable to Bethany Lutheran). Cost per lunch is \$3.30. _____ # of hot lunches + _____ # of sack lunches = _____ x 3.30 = _____ (Total amount enclosed).

A copy of this menu, with your lunch choices circled will be copied and placed in your child's Friday folder for your future reference.

Each month, the hot lunch menus are also available on the school website at www.bethanyschool.net