

Bethany Lutheran School Hot Lunch Menu

February 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheese Pizza Celery sticks (w/ peanut butter or ranch) Apples Mystery Dessert???	2 Chili Frito Pie (bowl of chili w/ Fritos, topped w/ shredded cheddar cheese) Baby carrots with ranch dip Banana half	3 Birthday Lunch with Pastors Chicken Strips Au gratin potatoes Side of Spinach salad Applesauce Mini-cupcakes	4 Bowtie pasta w/ Marinara Sauce Parmesan cheese available Wheat roll & butter Tossed Salad with dressing Grapes	5 Biscuits and Gravy Breakfast sausage links Oranges Gogurt
C. Walton / N. Barnett	I. Schneider / R. DeGarmo	L. Brumley / K. Harrison	B. Kjergaard / A. Grunewald	K. Kern / K. VanBuskirk
8 Soft Taco w/ meat & shredded cheese on tortilla—sour cream, salsa & shredded lettuce available Tortilla Chips and fat-free refried beans Banana half Oreo fluff	9 Breakfast for Lunch Pancakes with syrup Small slice of ham Orange Slices Go-gurt	10 Bean & Cheese Burrito Spanish Rice Grapes Brownie	11 Deli Roast Beef Sandwich on wheat bun Baked potato chips Cucumber slices Melon	12 Oven Baked Chicken Nuggets Macaroni & Cheese Baby carrots with ranch Apple Valentine treat
A. McKenna / K. Brzon	A. Rauth / D. DeGarmo	T. Crouch / G. Johnson	N. Peine / A. Grunewald	K. Harrison / K. VanBuskirk
15 NO SCHOOL Presidents' Day observed	16 Deli sliced turkey & cheese sub Potato chips (Mayo & mustard available) Cucumber slices Apples	17 Sloppy Joes (wheat bun) Twice baked potatoes Grapes Little Debbie treat	18 Baked potato half -- butter, sour cream, shredded cheese available Chili with beans (on top or separate) Side salad with dressing Orange slices	19 Fettucine Alfredo & separate chicken Breadstick Tossed salad Grapes Oreo cookie
	B. Kjergaard / D. Beikmann	K. Harrison / L. Brumley	L. Ruble / B. Grimm	J. Cole / D. Roorda
22 Corn Dog Tater tots Celery sticks w/ peanut butter or ranch Peaches Cookie	23 Chicken Noodle Soup w/ crackers ½ deli ham & cheese sandwich on bun Baby carrots Applesauce	24 Ravioli (Chef Boyardee type) Breadstick Peas Grapes Mystery Dessert???	25 Soft Taco w/ meat & shredded cheese on tortilla—sour cream, salsa & shredded lettuce available Spanish Rice Banana	26 Kindergarten Field Trip Cheese Pizza Celery sticks with peanut butter or ranch Orange slices Chocolate covered graham cookie
M. Kerr / N. Haeker	I. Schneider / A. Rauth	T. Crouch / G. Johnson	S. Thorn / K. Kern	K. Harrison / B. Purcell
	Lunch choices and payment are due no later than Monday, January 25th \$3.30 cost of lunch includes one drink (milk or apple juice).		**SACK LUNCH OPTION** You may also order a sack lunch with PBJ sandwich on whole wheat bread, bag of chips, carrot sticks, & a piece of fruit. Write "SL" on that day and circle SL (not the hot lunch item). It is the same price as hot lunch.	Thank you lunch servers!

Select your child's lunch choices by circling the day's menu or *writing & circling SL* if you want a sack lunch that day. Add your total below. *****DUE MONDAY, January 25th*****
Check or cash must be enclosed (payable to Bethany Lutheran). Cost per lunch is \$3.30. ____# of hot lunches + ____# of sack lunches= _____ x 3.30 = _____ (Total amount enclosed).

A copy of this menu, with your lunch choices circled will be copied and placed in your child's Friday folder for your future reference.

Each month, the hot lunch menus are also available on the school website at www.bethanyschool.net