

Bethany Lutheran School Hot Lunch Menu

January 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">4</p> <p>Cheese Pizza Celery sticks with peanut butter or ranch) Apples Mystery Dessert???</p> <p>C. Walton / N. Barnett</p>	<p style="text-align: right;">5</p> <p>Chili Frito Pie (bowl of chili w/ Fritos, topped w/ shredded cheddar cheese) Baby carrots with ranch dip Banana half</p> <p>R. DeGarmo / B. Kjergaard</p>	<p style="text-align: right;">6</p> <p>Birthay Lunch with Pastors Chicken Strips Au gratin potatoes Side of Spinach salad Applesauce Mini-cupcakes</p> <p>L. Brumley / I. Schneider</p>	<p style="text-align: right;">7</p> <p>Spaghetti w/ Marinara Sauce & separate meatballs / Wheat roll & butter Tossed Salad with dressing Grapes</p> <p>K. Kern / A. Grunewald</p>	<p style="text-align: right;">8</p> <p>Biscuits and Gravy Breakfast sausage links Oranges Gogurt</p> <p>K. Harrison / K. VanBuskirk</p>
<p style="text-align: right;">11</p> <p>Bean & Cheese Burrito Spanish Rice Grapes Fat free chocolate pudding</p> <p>A. McKenna / K. Brzon</p>	<p style="text-align: right;">12</p> <p>Breakfast for Lunch Pancakes with syrup Small slice of ham Orange Slices Go-gurt</p> <p>A. Rauth / B. Kjergaard</p>	<p style="text-align: right;">13</p> <p>Deli roast beef sandwich (wheat bun) Baked potato chips Baby carrots Grapes Oreo fluff</p> <p>T. Crouch / G. Johnson</p>	<p style="text-align: right;">14</p> <p>Soft Taco w/ meat & cheese on tortilla—sour cream, salsa & shredded lettuce available Tortilla Chips and fat-free refried beans Banana half</p> <p>B. Grimm / K. VanBuskirk</p>	<p style="text-align: right;">15</p> <p>Oven Baked Chicken Nuggets Macaroni & Cheese Fresh spinach salad Apple Brownie</p> <p>K. Harrison / K. Kern</p>
<p style="text-align: right;">18</p> <p style="text-align: center;">NO SCHOOL Martin Luther King Jr. Holiday</p>	<p style="text-align: right;">19</p> <p>Deli sliced turkey & cheese sub Potato chips (Mayo & mustard available) Cucumber slices Applesauce</p> <p>K. Miller / A. Rauth</p>	<p style="text-align: right;">20</p> <p>Corn Dog Baked potato wedges Celery sticks w/ peanut butter or ranch Oranges Cookie</p> <p>K. Harrison / L. Brumley</p>	<p style="text-align: right;">21</p> <p>Baked potato half -- butter, sour cream, shredded cheese available Chili with beans (on top or separate) Side salad with dressing Orange slices</p> <p>L. Ruble / A. Grunewald</p>	<p style="text-align: right;">22</p> <p>Cheese Pizza Celery sticks with peanut butter or ranch Grapes Oreo Cookies</p> <p>J. Cole / D. Roorda</p>
<p style="text-align: right;">25</p> <p>Bowl of Tomato Soup w/ crackers ½ ham & cheese sandwich on bun Baby carrots Applesauce Chocolate covered graham cookie</p> <p>M. Kerr / N. Haeker</p>	<p style="text-align: right;">26</p> <p>Fettucine Alfredo & separate chicken Breadstick Tossed salad Oranges</p> <p>D. Bolar / R. DeGarmo</p>	<p style="text-align: right;">27</p> <p>Chicken Patty on a bun Twice baked potatoes Apples Little Debbie treat</p> <p>T. Crouch / N. Peine</p>	<p style="text-align: right;">28</p> <p>Beef Hot Dogs Baked Potato Chips Baby carrots with Ranch Grapes</p> <p>S. Thorn / I. Schneider</p>	<p style="text-align: right;">29</p> <p>Soft Taco w/ meat & cheese on tortilla—sour cream, salsa & shredded lettuce available Spanish Rice Banana Oreo cookie</p> <p>K. Harrison / B. Purcell</p>
	<p>**Lunch choices and payment are due no later than Monday, December 14th**</p> <p>\$3.30 cost of lunch includes one drink (milk or apple juice).</p>		<p>**SACK LUNCH OPTION** You may also order a sack lunch with PBJ sandwich on whole wheat bread, bag of chips, carrot sticks, & a piece of fruit. Write "SL" on that day and circle SL (not the hot lunch item). It is the same price as hot lunch.</p>	<p style="text-align: center;">Thank you lunch servers!</p>

Select your child's lunch choices by circling the day's menu or writing & circling SL if you want a sack lunch that day. Add your total below. *****DUE MONDAY, December 14th*****
 Check or cash must be enclosed (payable to Bethany Lutheran). Cost per lunch is \$3.30. ____# of hot lunches + ____# of sack lunches= _____ x 3.30 = _____ (Total amount enclosed).
A copy of this menu, with your lunch choices circled will be copied and placed in your child's Friday folder for your future reference.
Each month, the hot lunch menus are also available on the school website at www.bethanyschool.net