

# Bethany Lutheran School Hot Lunch Menu

## August 2010

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>**SACK LUNCH OPTION**</b> You may also order a sack lunch with PBJ sandwich on whole wheat bread, bag of chips, carrot sticks, & a piece of fruit. Write "SL" on that day and circle SL (not the hot lunch item). It is the same price as hot lunch.			<b>**Lunch choices and payment are due at registration time, on or before August 3, 2010**</b>
2	3 <b>REGISTRATION DAY</b> Menu & payment due	4	5	6
9	10	11	12 <b>Back to School Night</b>	13
16 <b>Welcome Back Students!!</b> <b>First Day of School (half day)</b>  <b>Noon dismissal—no hot lunch</b>	17 <b>Oven Baked Chicken Nuggets w/ scoop of Macaroni &amp; Cheese</b> Baby carrots with ranch dip avail. Banana half	18 <b>Cheese Pizza</b> Zucchini slices Apples Oreo fluff	19 <b>Beef Hot Dogs</b> Baked Cheetos Cucumber slices Grapes	20 <b>Breakfast for Lunch</b> Pancakes with syrup Small slice of ham Orange Slices Go-gurt
23 <b>Ravioli &amp; Bread stick</b> Tossed salad Melon Brownie	24 <b>Soft Taco w/ meat &amp; shredded cheese on tortilla—sour cream, salsa &amp; shredded lettuce available</b> Spanish Rice Oranges	25 <b>Baked chicken casserole w/ a biscuit</b> Fresh spinach salad Applesauce Chocolate covered Graham crackers	26 <b>Deli sliced turkey &amp; cheese sub</b> Potato chips (Mayo & mustard available) Celery sticks Small apple	27 <b>Hamburger</b> <b>Cheese &amp; lettuce available</b> Baked beans Banana half Mystery Dessert??
30 <b>Chicken salad on sliced croissant</b> Baby carrots with ranch dip Orange slices Cookie	31 <b>Hot beef sandwich</b> Mashed potatoes and gravy Lightly steamed broccoli Peaches	<b>WE NEED SERVERS!!!</b>  <b>If you can serve in August or September, please email Donna Beikmann at dbeikmann@kc.rr.com</b>		<b>\$3.30 cost of lunch includes one drink (milk or apple juice).</b>

Select your child's lunch choices by circling the day's menu or *writing & circling SL* if you want a sack lunch that day. Add your total below.

**\*\*\*Choices & payment are due at registration on August 3\*\*\***

Check or cash must be enclosed (payable to Bethany Lutheran). Cost per lunch is \$3.30. \_\_\_\_\_ # of hot lunches + \_\_\_\_\_ # of sack lunches = \_\_\_\_\_ x 3.30 = \_\_\_\_\_ (Total amount enclosed).

**A copy of this menu, with your lunch choices circled will be copied and placed in your child's Friday folder for your future reference.**

**Each month, the hot lunch menus are also available on the school website at [www.bethanyschool.net](http://www.bethanyschool.net)**