

# Bethany Lutheran School Hot Lunch Menu

## September 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>**Lunch choices and payment are due at registration time, on or before August 3, 2010**</b></p> <p>\$3.30 cost of lunch includes one drink (milk or apple juice).</p>	<p><b>WE NEED SERVERS!!!</b></p> <p>If you can serve in September, please email Donna Beikmann at <a href="mailto:dbeikmann@kc.rr.com">dbeikmann@kc.rr.com</a></p> <p><b>We need to fill the spaces!</b></p>	<p><b>1</b></p> <p><i>Birthday Lunch with Pastors</i></p> <p>Spaghetti &amp; Marinara Sauce with Breadstick and Parmesan Cheese on side Tossed salad Melon Mini-cupcakes</p>	<p><b>2</b></p> <p>Chili Frito Pie (bowl of chili w/ Fritos, topped w/ shredded cheddar cheese) Baby carrots with ranch dip Banana half</p>	<p><b>3</b></p> <p>Chicken Strips Twice baked potato casserole Mandarin oranges Brownie</p>
<p><b>6</b></p> <p><b>LABOR DAY NO SCHOOL</b></p>	<p><b>7</b></p> <p><b>Cheese Pizza</b> Zucchini slices Applesauce Chocolate covered Graham crackers</p>	<p><b>8</b></p> <p><b>Meatball sandwich</b> Baby carrots with ranch dip Watermelon Oreo fluff</p>	<p><b>9</b></p> <p><b>Corn Dog</b> Baked potato chips Celery sticks w/ peanut butter or ranch Cantaloupe</p>	<p><b>10</b></p> <p><b>Bean &amp; Cheese Burrito</b> Corn Banana half Cinnamon roll</p>
<p><b>13</b></p> <p><b>Hamburger</b> <b>Cheese &amp; lettuce available</b> Oven baked potato wedges Banana half Chocolate Chip cookies</p>	<p><b>14</b></p> <p><b>Fettucine Alfredo with separate chicken</b> Wheat roll with butter Tossed salad Grapes</p>	<p><b>15</b></p> <p><b>Ham &amp; Cheese Sandwich</b> Baked potato wedges Baby carrots Peaches Brownie</p>	<p><b>16</b></p> <p><b>Baked Chicken &amp; Cheese Taquitos</b> Fat-free Refried Beans Spinach salad Melon</p>	<p><b>17</b></p> <p><b>Breakfast for Lunch</b> Pancakes with syrup Small slice of ham Orange Slices Go-gurt</p>
<p><b>20</b></p> <p><b>Cheese Pizza</b> Celery sticks w/ peanut butter available Orange slices Mystery dessert???</p>	<p><b>21</b></p> <p><b>Oven Baked Chicken Nuggets</b> <b>Macaroni &amp; Cheese</b> Fresh spinach salad Applesauce</p>	<p><b>22</b></p> <p><b>Chili w/ beans</b> Half of baked potato w/ sour cream &amp; shredded cheese Grapes Oreo cookie</p>	<p><b>23</b></p> <p><b>Beef Hot Dogs</b> Baked Potato Chips Baby carrots Banana half</p>	<p><b>24</b></p> <p><b>Teacher In-service Day</b> <b>Noon Dismissal</b> <b>NO HOT LUNCH</b></p>
<p><b>27</b></p> <p><b>Ravioli &amp; Bread stick</b> Tossed salad Grapes Cherry crisp</p>	<p><b>28</b></p> <p><b>Soft Taco w/ meat &amp; cheese on tortilla—sour cream, salsa &amp; shredded lettuce available</b> Spanish rice Mandarin oranges</p>	<p><b>29</b></p> <p><b>Chicken patty on a bun</b> Baby carrots with ranch dip Applesauce Chocolate pudding</p>	<p><b>30</b></p> <p><b>Biscuits and Gravy</b> Breakfast sausage links Oranges Gogurt</p>	<p><b>**SACK LUNCH OPTION**</b> You may also order a sack lunch with PBJ sandwich on whole wheat bread, bag of chips, carrot sticks, &amp; a piece of fruit. Write "SL" on that day and circle SL (not the hot lunch item). It is the same price as hot lunch.</p>

Select your child's lunch choices by circling the day's menu or *writing & circling SL* if you want a sack lunch that day. Add your total below.

**\*\*\*Choices & payment are due at registration on August 3\*\*\***

Check or cash must be enclosed (payable to Bethany Lutheran). Cost per lunch is \$3.30. \_\_\_\_\_ # of hot lunches + \_\_\_\_\_ # of sack lunches = \_\_\_\_\_ x 3.30 = \_\_\_\_\_ (Total amount enclosed).

**A copy of this menu, with your lunch choices circled will be copied and placed in your child's Friday folder for your future reference.**

**Each month, the hot lunch menus are also available on the school website at [www.bethanyschool.net](http://www.bethanyschool.net)**